

Dr. Akima Harrigan

Speaker • Clarity Partner • Truth Teller • Movement Builder

After two decades in corporate scientific leadership, a season of stillness brought clarity to Akima's assignment: help women reconnect to truth and purpose so they can live on assignment—and build boldly. Through AH-HA Moments, she creates practical tools and sacred spaces that spark vision and confident action.

 **AH-HA MOMENTS™** • Speaking Host Toolkit

Featured Topics

When Women See Clearly — They Build Boldly™

A compelling keynote that ignites conviction, clarity, and courageous next steps.

Awaken • Align • Assign — A Framework for Clarity

Simple, repeatable rhythms to hear, align, and move on what matters most.

Truth Over Trend — Leading from Conviction

Lead with unshakable principles in a world that rewards noise and novelty.

Best-Fit Audiences

- Women's conferences
- Faith-centered gatherings
- Leadership retreats
- Universities
- Founder & creator communities
- Corporate women's ERGs

Formats

- Keynotes
- Workshops
- Fireside chats
- Retreat sessions
- Virtual events



Speaker Introduction



Emcee Intro (90 seconds)

Our next speaker believes that when women see clearly, they lead boldly. After 20+ years in medical and scientific leadership, she followed a divine assignment to help women reconnect to truth, clarify purpose, and move with conviction. She equips audiences with simple, powerful frameworks to awaken vision, align with what's true, and say a precise yes—and a powerful no. Please welcome **Dr. Akima Howard Harrigan**.

Request Akima for your event

ah-hamoments.com/speaking

hello@ah-hamoments.com

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Signature Topics

01

When Women See Clearly—They Build Boldly

Best for: mixed-audience keynotes, women's leadership events, conferences

Summary: A compelling case for clarity as a leadership advantage. How to recognize the "fog," reclaim identity, and convert vision into steps that endure.

Takeaways:

- Spot clarity blockers and name the truth that cuts through noise
- Convert conviction into a 30-day "bold build" plan
- Lead without burnout: rhythms that protect focus and energy

02

Awaken · Align · Assign — A Framework for Clarity

Format: keynote or workshop (60–120 min)

Summary: Three movements that move teams and individuals from drift to aligned action.

Takeaways: a simple worksheet to map identity (Awaken), agreements/limits (Align), and next steps (Assign) you can start today.

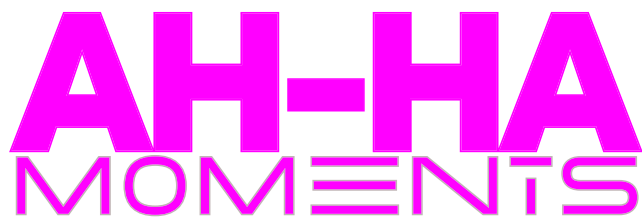
03

Truth Over Trend — Leading from Conviction

Best for: corporate, higher-ed, faith-forward

Summary: In an age of information fatigue, leaders need conviction filters.

Takeaways: a truth test, a decision triage, and a cadence to keep integrity and momentum.



Additional Speaking Topics

Burnout to Alignment — Ending the Slow, Quiet Rot

Best for: managers & HR, ERGs, leadership programs

Summary: Why high performers "dry-rot" and how leaders can intervene early.

Takeaways: align work with gifts, design humane workloads, and upgrade 1:1s to stewardship conversations.

The 5 Rs Clarity Journey

Format: retreat or deep-dive workshop

Summary: A guided path from awareness to action with reflective prompts and practical commitments.

Components: Realization • Reflection • Revelation • Renewal • Releasing

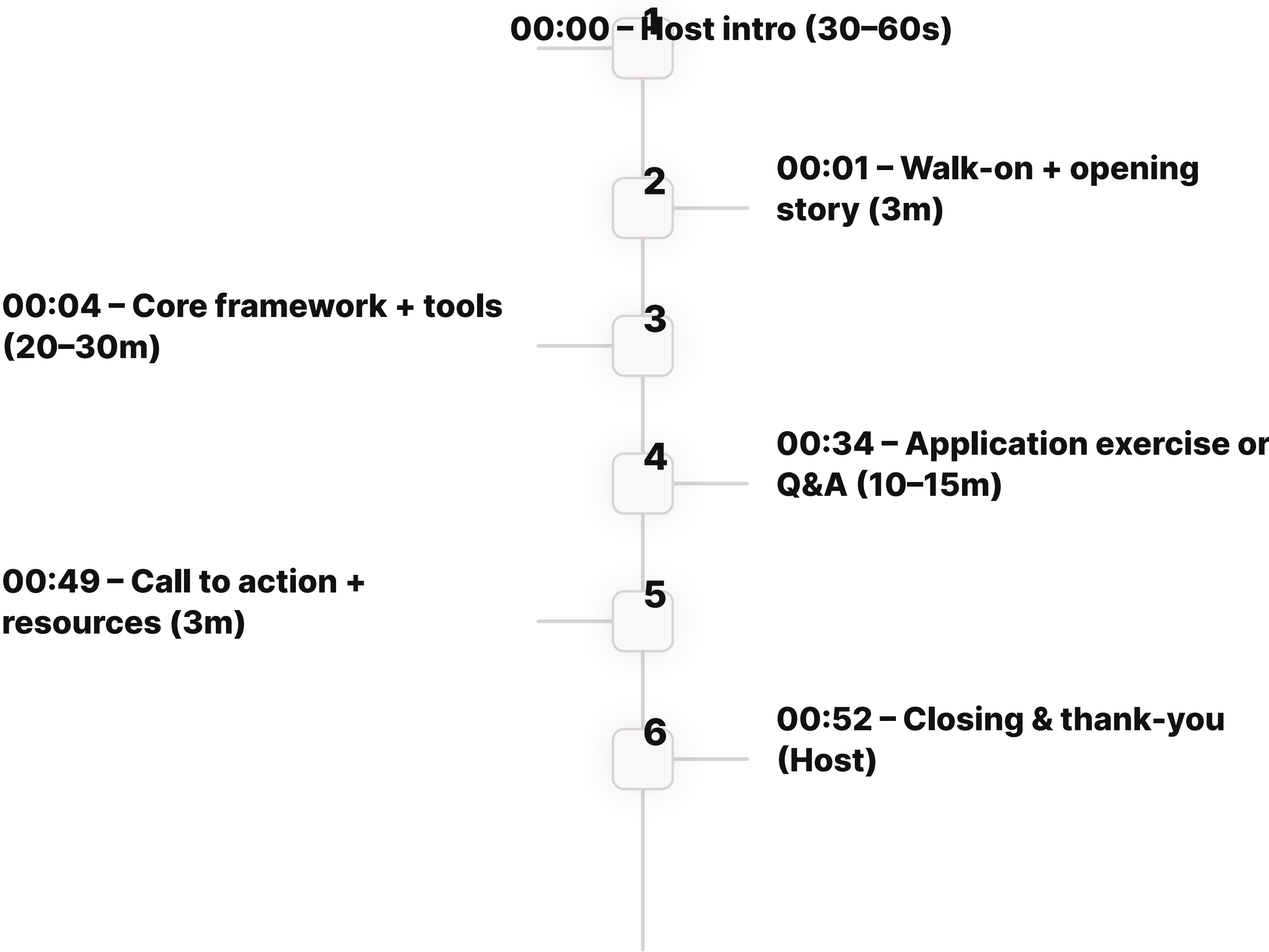
Takeaways: a personal clarity canvas and 40-day follow-through plan.

📄 Panels, fireside chats, and custom workshop briefs available on request.

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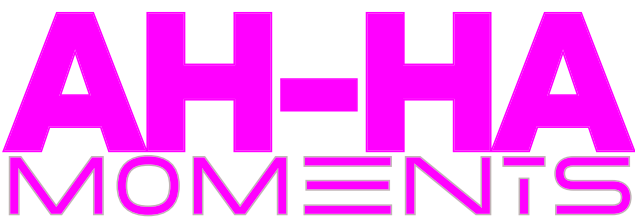
Event Planning Guide

Run-of-Show Template (Sample)



Organizer Checklist

- Confirm date/time/venue and tech contact
- Choose topic + format; confirm run-time
- Send audience profile & goals
- Approve intro script version (30s or 60s)
- Provide slide template/brand if required
- Confirm recording rights and distribution
- Arrange travel/hotel (if applicable)



Booking Process



Submit Request

ah-hamoments.com/speaking

or email hello@ah-hamoments.com



Align Goals

We'll align on goals, format, and outcomes



Receive Proposal

You'll receive a proposal + agreement



Tech Call

Tech/run-of-show call (2–3 weeks prior)



Ready to book Dr. Akima?

Start your request today at ah-hamoments.com/speaking



Promotional Content

1

Website/Program (≈75 words)

Dr. Akima Howard Harrigan is the founder of AH-HA Moments™ and the movement *When Women See Clearly—They Lead Boldly™*. After two decades in medical and scientific leadership, she equips women and managers with practical frameworks that turn conviction into action—without burnout. Expect data-informed insights, soulful candor, and tools you can use the same day.

2

Email (≈45 words)

Join us for Dr. Akima Howard Harrigan—founder of AH-HA Moments. She'll show us how clarity cuts through noise and how to move on assignment with practical tools you can use the same day.

3

Social (≤280 characters)

We're hosting Dr. Akima Howard Harrigan (@AHHAMoments): *When Women See Clearly—They Lead Boldly.™* Practical frameworks to move from noise to assignment.
#Clarity #WomensLeadership
#LeadBoldly



Host Toolkit - Quick Reference

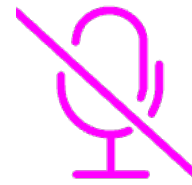


Speaker Details

Name: Dr. Akima Howard Harrigan

Title: Founder & Principal, AH-HA Moments

Pronunciation: "uh-KEE-muh HOW-erd HAIR-ih-gan"



AV Requirements

Audio: Headset or lav mic preferred

Visual: HDMI/USB-C for slides

Helpful: Confidence monitor



Travel & Contact

Location: Travels nationwide + virtual

Contact: hello@ah-hamoments.com

Booking: ah-hamoments.com/speaking

Core Topics

- Purpose & clarity
- Women's leadership
- Burnout → alignment
- Conviction over trend
- Manager upskilling

Available Formats

- Keynote
- Fireside chat
- Workshop
- Panel
- Faith-forward or corporate-neutral



About AH-HA Moments™ & The Movement

About AH-HA Moments™

MISSION: AH-HA Moments™ exists to help women see clearly and live on assignment—without the fog, the guesswork, or the burnout.

VISION: To design and deliver spiritually anchored tools, safe spaces, and guided experiences that help women rediscover purpose, articulate vision, and build a life that honors both.

How We Do It: Through teaching, vision mapping, clarity coaching, and community—all offered freely, funded by those who believe in the power of a woman's rise.



About The When Women See Clearly™ Movement

The When Women See Clearly™ movement was born of the Founder's vision to see every woman experience the freedom to be that comes from clarity of purpose. To awaken women to their God-given identity and life assignment, so they can live in alignment with Truth and fulfill their divine purpose.

The 5 Anchors of Our Movement

TRUTH
CLARITY
VISION
GRACE
LEGACY

 Rooted in God's truth, not cultural trends.

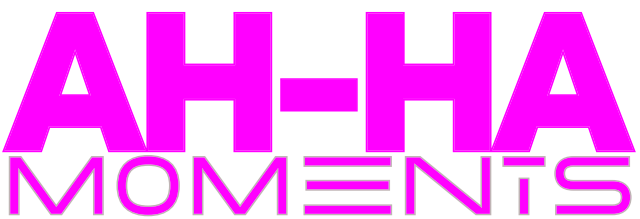
 Clarity ignites movement.

 Vision must be built, not just believed.

 We give freely what we've been given.

 She's building what will outlive her.

"We exist to spark clarity, restore vision, and mobilize a generation of women to rise boldly...each one building what only she can, for the glory of God and the good of others."



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