The AH-HA Moments

Personal Gifts Inventory

Finding Your Voice When Success Speaks Louder

"Your authentic voice is your superpower waiting to be claimed."

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You Might Be Here If...

You speak fluently in "corporate" but stumble over your truth

Your résumé is impressive but doesn't capture your essence

- You know you're talented but can't name your unique genius
- You're ready to stop translating yourself for others

Tool #1: The Gifts Archaeology Dig

Uncover what's been buried under achievements

1

Moment 1

Think of a time when you felt completely "in the zone":

- What were you doing?
- Who benefited?
- What felt effortless?

2

Moment 2

Recall another peak experience:

- What were you creating?
- What problem were you solving?
- Why did time disappear?

3

Moment 3

Remember a third powerful moment:

- What made you come alive?
- What did others thank you for?
- What would you have done for free?

Part B: Pattern Recognition

Circle the words that appear in **ALL three moments**. These are clues to your core gifts.

Tool #2: The 10-10-10 Voice Finder

What you do vs. Who you are

Fill in quickly (first thoughts only):

10 Things I'm PAID to do:

 1.
 6.

 2.
 7.

 3.
 8.

 4.
 9.

 5.
 10.

10 Things people ASK me to do (for free):

10. _____

10 Things I WISH I could do more:

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

① THE REVELATION:

Your true voice lives in the overlap between columns 2 and 3.



Tool #3: The Strength Stories Exercise

Let others reveal what you can't see

Reach Out

Text 5 people who know you well:

"I'm doing a strengths exercise. Would you share a quick story about a time I helped/inspired/supported you? What specific gift did you see in me in that moment?"

Collect Responses

Person 1: _	
Person 2:	
Person 3:	
Person 4:	
Person 5:	

Analyze Patterns

LOOK FOR: The gift that shows up in 3+ stories. That's your signature strength.

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Made with **GAMMA**

Tool #4: The Voice Activation Statement

Practice speaking your truth

Fill in the blanks:	
"I am a	(core identity, not job title)
who helps	(who you serve)
to	_ (transformation you provide)
through	(your unique approach)
so they can	(ultimate outcome)."

Example: "I am a possibility awakener who helps successful women to reclaim their authentic power through strategic clarity and sacred pauses so they can build legacies that matter."

Say it out loud 5 times. Notice where you stumble. Adjust until it flows.

Tool #5: The Week of Walking in Your Gifts

Seven days to test drive your truth



Putting It All Together: Your Gifts Inventory

Your Core Gifts

From Tool #1: Pattern words: _____

From Tool #2: Overlap items: _____

From Tool #3: Signature strength: _____

Your Authentic Voice

From Tool #4: Voice Activation Statement:

"I am a _____ who helps..."

From Tool #5: Most natural daily challenge:



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Who you are at your essence

Ultimate Outcome

The lasting impact

Who You Serve

Your ideal audience

Transformation

The change you create

Unique Approach

Your signature method

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Integrating Your Gifts Into Daily Life

Professional Identity

Update your LinkedIn profile to reflect your authentic voice

Rewrite your bio using your Voice Activation Statement

Seek projects that align with your signature strength

Personal Relationships

Share your discoveries with trusted friends

Set boundaries that protect your core gifts

Offer your strengths intentionally, not just when asked

Inner Growth

Journal weekly about moments when you used your gifts

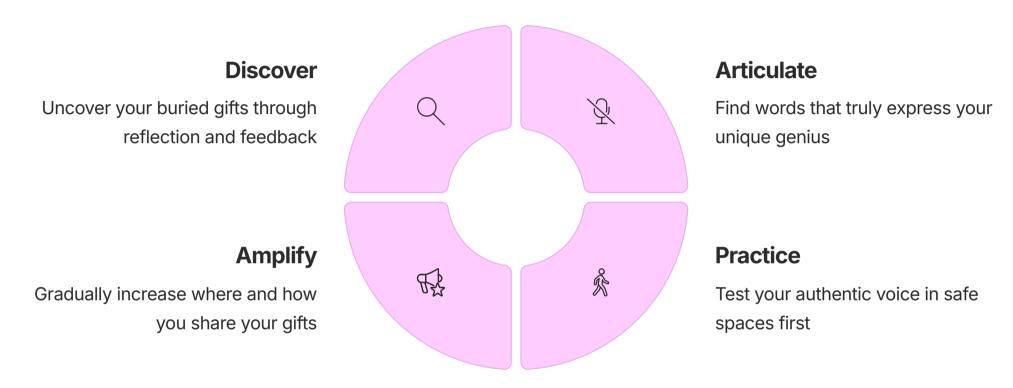
Notice when you slip into "translation mode"

Celebrate when you speak in your authentic voice



Your AH-HA Moments Journey

Continuing to Discover and Express Your Authentic Voice



"Your authentic voice is not just what you say—it's how you show up in the world when you're fully aligned with your gifts."

Remember that finding your voice is a journey, not a destination. Continue to revisit these tools as you grow and evolve.

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